



APPROVED  
Lithuanian grappling federation  
President Kestutis Smirnovas



APPROVED  
International grappling federation  
President Gintare Bubnytr-Smirnoviene



APPROVED  
Siauliai City Municipality  
Head of the Sports Department Gintaras Jasiunas

## EUROPEAN OPEN IGF GRAPPLING GI/NOGI CHAMPIONSHIPS

### REGULATIONS

#### I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes skills.

#### II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 18 May 2024 at 11:00 in **Vilniaus g. 297, Siauliai, Lithuania.**

**Arrival of participants, registration – weight – in 18 May between 9:00 and 10:00.**

**After the weighing time, the participants will not be weighed!**

Athletes must present a valid identity document.

**The competition begins at 11.00.**

#### III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competitions are individual, the number of participants is unlimited

##### 18 May Discipline GI

Group	Participates	Weight categories
1	Girls U11, 2013 and youngers	23, 26, 29, 33, 37, 41, 47, 53, +53 kg
2	Girls U15, 2009-2012 m.	26,29, 33, 37, 41, 47, 53, 61, +61 kg
3.	Womens 2008 and older, beginners	47, 53, 61, 69, 77, +77 kg
4.	Womens 2008 and older	47, 53, 61, 69, 77, +77 kg
5	Boys U9, 2015 and youngers	22, 25, 28, 32, 36, 40, 44, 48, 52, 58,+58 kg
6	Boys U11, 2013-2014	25, 28, 32, 36, 40, 44, 48, 52, 58, 64,+64 kg
7.	Boys U13, 2011-2012	32, 36, 40, 44, 48, 52, 58, 64, 72, +72 kg
8.	Boys U15, 2009-2010	40, 44, 48, 52, 58, 64, 72, 80, +80 kg
9.	Boys U17, 2007-2008	52, 58, 64, 72, 80, 90, +90 kg
10.	Men 2006 and older, beginners	64, 72, 80, 90, 100, +100 kg
11.	Men 2006 and older	64, 72, 80, 90, 100, +100 kg
12.	Masters men 1989 and older, beginners	72, 80, 90, 100 +100 kg
13.	Masters men 1989 and older	72, 80, 90, 100, +100 kg
14.	For absolute winner of the belt (Men, Women)	Common

**Note:** if only one, two participant registers in a weight-category, they are moved one weight category up.

**BEGINNERS athletes who have - BJJ white belt; Judo - white to green belt; IGF - white to green belt; or athletes who have been practicing any wrestling sport for not more than 2 years!**

##### 18 May Discipline NoGi

Group	Participates	Weight categories
1	Girls U11, 2013 and youngers	23, 26, 29, 33, 37, 41, 47, 53, +53 kg
2	Girls U15, 2009-2012 m.	26,29, 33, 37, 41, 47, 53, 61, +61 kg
3.	Womens 2008 and older, beginners	47, 53, 61, 69, 77, +77 kg
4.	Womens 2008 and older	47, 53, 61, 69, 77, +77 kg
5	Boys U9, 2015 and youngers	22, 25, 28, 32, 36, 40, 44, 48, 52, 58,+58 kg
6	Boys U11, 2013-2014	25, 28, 32, 36, 40, 44, 48, 52, 58, 64,+64 kg
7.	Boys U13, 2011-2012	32, 36, 40, 44, 48, 52, 58, 64, 72, +72 kg
8.	Boys U15, 2009-2010	40, 44, 48, 52, 58, 64, 72, 80, +80 kg
9.	Boys U17, 2007-2008	52, 58, 64, 72, 80, 90, +90 kg
10.	Mens 2006 and older, beginners	64, 72, 80, 90, 100, +100 kg
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**BEGINNERS athletes who have - BJJ white belt; Judo - white to green belt; IGF - white to green belt; or athletes who have been practicing any wrestling sport for not more than 2 years!**

#### **IV. HOLDING THE COMPETITION**

The judge panel approved by IGF holds the competition.

#### **V. RULES**

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

#### **VI. AWARDS**

Winners and prize-winners of individual competitions are awarded with medals of the appropriate degree. Absolute winners - belts

#### **VII. CONDITIONS OF ACCEPTANCE**

Participant fee for one discipline:

Very early registration until May 5 - 30 euros,

registration from May 6 to 12 - 40 euros.

late registration from May 13 to 16 - 50 euros.

**The fee is paid in the registration system ( <https://smoothcomp.com> ) by credit card or in the bank account of the Lithuanian Grappling Federation:**

**Lietuvos graplingo federacija**

**Bank: Luminor Bank AS**

**Bank account IBAN: LT264010051001970289**

**SWIFT: AGBLLT2X**

**(In the designation we write: Participant fee, discipline (Gi ; NoGi ) participant's name and surname)**

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

#### **VII. REGISTRATION**

**The number of participants is unlimited.**

Registration [www.smoothcomp.com](http://www.smoothcomp.com) until 16 May 2024 at 24.00 h (Time of Lithuania)

**Athletes who have not registered in advance and/or paid the participation fee will not be registered for the competition on the day of the competition.**

**If during the weigh-in the athlete exceeds the weight in which he registered for the competition, he will be promoted to a higher weight category only after paying an additional fee of 10 euros, otherwise a defeat will be counted!**

**The paid participation fee is non-refundable**

Information by e-mail: [lietuvosgrapplingfederacija@gmail.com](mailto:lietuvosgrapplingfederacija@gmail.com)

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