



APPROVED
Lithuanian grappling federation
President Kestutis Smirnovas



APPROVED
International grappling federation
President Gintare Bubnyte – Smirmoviene



APPROVED
S/C Fajteris
Director Arnoldas Lukosiunas

BALTIC OPEN GRAPPLING CHAMPIONSHIP REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 3 June 2023 at 11:00 in Zeimiu str. 17, Jonava, Lithuania.

Sport Arena of Jonava city www.jonavosarena.lt

Arrival of participants, registration – weight – in 3 June between 9:00 and 10:00.

Athletes must present a valid identity document.

The competition begins at 11.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competition is personal, the number of participants is unlimited Discipline NoGI

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1.	Girls U13,2010 and younger	9.00-10.00	11.00	-26;-29;-33;-37;-41;-47;-53;-61; +61kg
2.	Women 2009 and older	9.00-10.00	11.00	-47;-53;-61;-69;+69 kg
3.	Boys U9, 2014 and younger	9.00-10.00	11.00	-22;-25;-28;-32;- 36;- 40;-44;-48;-52;- 58;+58 kg
4.	Boys U11, 2012-2013	9.00-10.00	11.00	-25;-28;-32;- 36;- 40;-44;-48;-52;- 58; -64;+64 kg
5.	Boys U13, 2010-2011	9.00-10.00	11.00	-36;-40;-44;-48;-52;-58;-64;-72; +72 kg
6.	Boys U15, 2008-2009	9.00-10.00	11.00	-44;-48;-52;-58; -64;- 72;-80;+80 kg;
7.	U-17, Boys 2006-2007	9.00-10.00	11.00	-52;-58;-64;-72;-80;-90;+90 kg
8.	Adult (men) 2005 and older	9.00-10.00	11.00	-64;-72;-80;-90;+90 kg
9.	Adult (men) BEGINNERS 2005 and older	9.00-10.00	11.00	-64;-72;-80;-90;+90 kg
10.	Masters 1988 and older	9.00-10.00	11.00	-80; +80 kg
11.	Masters 1988 and older BEGINNERS	9.00-10.00	11.00	-80; +80 kg
12.	For absolute winner of the belt (Men, Women)	13.00-13.30	14.00	Common

Note: if only one, two participant registers in a weight-category, they are moved one weight category up.

Only champions and prizewinners of weight categories can take part in the absolute title of the champion.

BEGINNERS athletes who have - BJJ white belt; Judo - white to green belt; IGF - white to green belt; or athletes who have been practicing any wrestling sport for not more than 2 years!

Discipline Gi

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1.	Girls U13,2010 and younger	9.00-10.00 13.00-13.30	15.00	-26;-29;-33;-37;-41;-47;-53;-61; +61kg
2.	Women 2009 and older	9.00-10.00 13.00-13.30	15.00	-47;-53;-61;-69;+69 kg
3.	Boys U9, 2014 and younger	9.00-10.00 13.00-13.30	15.00	-22;-25;-28;-32;- 36;- 40;-44;-48;-52;- 58;+58 kg
4.	Boys U11, 2012-2013	9.00-10.00 13.00-13.30	15.00	-25;-28;-32;- 36;- 40;-44;-48;-52;- 58; -64;+64 kg
5.	Boys U13, 2010-2011	9.00-10.00 13.00-13.30	15.00	-36;-40;-44;-48;-52;-58;-64;-72; +72 kg
6.	Boys U15, 2008-2009	9.00-10.00 13.00-13.30	15.00	-44;-48;-52;-58; -64;- 72;-80;+80 kg;

7.	U-17, Boys 2006-2007	9.00-10.00 13.00-13.30	15.00	-52;-58;-64;-72;-80;-90;+90 kg
8.	Adult (men) 2005 and older	9.00-10.00 13.00-13.30	15.00	-64;-72;-80;-90;+90 kg
9.	Adult (men) BEGINNERS 2005 and older	9.00-10.00 13.00-13.30	11.00	-64;-72;-80;-90;+90 kg
10.	Masters 1988 and older	9.00-10.00 13.00-13.30	15.00	-80; +80 kg
11.	Masters 1988 and older BEGINNERS	9.00-10.00 13.00-13.30	11.00	-80; +80 kg
12.	For absolute winner of the belt (Men, Women)	16.00-16.30	17.00	Common

Note: if only one, two participant registers in a weight-category, they are moved one weight category up.

Only champions and prizewinners of weight categories can take part in the absolute title of the champion.

BEGINNERS athletes who have - BJJ white belt; Judo - white to green belt; IGF - white to green belt; or athletes who have been practicing any wrestling sport for not more than 2 years!

IV. HOLDING THE COMPETITION

The judge panel approved by IGF holds the competition.

V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

VI. AWARDS

The winners and the prize winners will be awarded with medals. Absolute winners - belts

VII. CONDITIONS OF ACCEPTANCE

The fee for participant's licence for one discipline: **30 Eur.**

Registration fee is paid in the bank account of the International Grappling Federation:

International Grappling Federation

Bank: Luminor Bank AS

Bank account IBAN: LT464010051002235903

SWIFT: AGBLLT2X

(In the designation we write: Participant fee, discipline (Gi ; NoGi) participant's name and surname)

The fee of entrant licence-registration card for the absolute championship belt for free

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

VII. REGISTRATION

The number of participants is unlimited.

Registration www.smoothcomp.com until 1 June 2023 at 21.00 h

Athletes who have not registered in advance and/or paid the participation fee will not be registered for the competition on the day of the competition.

If during the weigh-in the athlete exceeds the weight in which he registered for the competition, he will be promoted to a higher weight category only after paying an additional fee of 10 euros, otherwise a defeat will be counted!

The paid participation fee is non-refundable Information by e-mail: grapplingfederation@gmail.com , lietuvosgrapplingfederacija@gmail.com

Tel. No +370 681 76762 (Viber, WhatsApp), +370 64561005

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