



CONFIRM:
International grappling federation
President Gintare Bubnyte – Smirnoviene

CONFIRM
Panevėžys city municipalities
Head of the Sports Department
Justinas Jasiukaitis

CONFIRM:
Lithuanian grappling federation
President Adrijus Kupstas

EUROPEAN OPEN GRAPPLING GI/NOGI CHAMPIONSHIP REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes' skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 8 October 2022 at 11:00 in Liepu aleja 4, Pevezys, Lithuania LT -35141

Arrival of participants, registration – weight – in 8 October between 9:00 and 10:00.

The athletes must provide a participant's licence – registration card (a valid personal identification document is necessary).

At the end of the weighing period, participants will not be registered!

The competition begins at 11.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competition is personal, the number of participants is unlimited

October 8 d. Discipline NoGi

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
6	Boys U17, 2005 and younger	9.00-10.00	11.00	-52;-58;-64;-72;-80;-90; +90kg
7	Adults (Women) 2009 and older	9.00-10.00	11.00	-47;-53;-61;-69;+ 69 kg
8	Adult (men) 2004 and older	9.00-10.00	11.00	-64;-72;-80;-90;+90 kg
9	Masters 1987 and older	9.00-10.00	11.00	-80; +80 kg;
10	For absolute winner of the belt Men, Women	13.00-13.30	14.00	Common (only winners and prize winners of weight categories can participate)

Note: if only two participants registers in a weight-category, he / she is moved one weight category up.

October 8 d. Discipline Gi

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
6	Boys U17, 2005 and younger	9.00-10.00 13.00-13.30	15.00	-52;-58;-64;-72;-80;-90; +90kg
7	Adults (Women) 2009 and older	9.00-10.00 13.00-13.30	15.00	-47;-53;-61;-69;+ 69 kg
8	Adult (men) 2004 and older	9.00-10.00 13.00-13.30	15.00	-64;-72;-80;-90;+90 kg
9	Masters 1987 and older	9.00-10.00 13.00-13.30	15.00	-80; +80 kg;
9	For absolute winner of the belt Men, Women	17.00-17.30	18.00	Common (only winners and prize winners of weight categories can participate)

Note: if only two participants registers in a weight-category, he / she is moved one weight category up.

IV. HOLDING THE COMPETITION

The judge panel approved by IGF holds the competition.

V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

VI. AWARDS

The winners will be awarded medals, the prize winners - medals . Absolute winners - belts

VII. CONDITIONS OF ACCEPTANCE

The fee for participant's licence– one discipline **60 Eur.**; two discipline – **80 Eur**

The fee of entrant licence-registration card for the absolute championship belt for free

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

VII. REGISTRATION

The number of participants is unlimited.Registration www.grapplingfederation.com until 6 October 2022 at 20.00 h

All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.

Athletes who will not have registered or will not have a registration card and without paying the participation fee, on the day of the competition will be required to pay – one discipline 80 euros; two discipline 100 eur.

Participants' licences - registration cards of minors must be signed by their parents or guardians.

Note: The registration fee is paid into the bank account of the International Grappling Federation:

International Grappling Federation

Bankas: Luminor Bank AS;

Banko sąskaita: LT464010051002235903

SWIFT: AGBLLT2X

Athletes or their representatives should contact the International Grappling Federation by e-mail regarding the hotel, transport services, visa invitations. email grapplingfederation@gmail.com no later than 2022. September 10 There are additional conditions for receiving nominal calls.

Information E-mail: grapplingfederation@gmail.com Tel. No. +370 685 02228 (Viber, WhatsApp), +370 64561005