



TVIRTINA
Lithuanian grappling federation
President Adrijus Kupstas



TVIRTINA
International grappling federation
President Gintare Bubnyte – Smirmoviene



TVIRTINA
S/C Faiteris
Director Arnoldas Lukosiusas

BALTIC OPEN GRAPPLING CHAMPIONSHIP REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 28 May 2022 at 11:00 in **Zeimiu str. 17, Jonava, Lithuania.**

Sport Arena of Jonava city www.jonavosarena.lt

Arrival of participants, registration – weight – in 28 May between 9:00 and 10:00.

The athletes must provide a participant's license – registration card (a valid personal identification document is necessary).

The competition begins at 11.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competition is personal, the number of participants is unlimited Discipline NoGI

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1	Girls U13,2009 and younger	9.00-10.00	11.00	-26;-29;-33;-37;-41;-47;-53;-61; +61kg
2	Women 2008 and older	9.00-10.00	11.00	-47;-53;-61;-69;+69 kg
3	Boys U11, 2011 and younger	9.00-10.00	11.00	-25;-28;-32;- 36;- 40;-44;-48;-52;- 58; -64;+64 kg
4	Boys U13, 2009-2010 m.	9.00-10.00	11.00	-36;-40;-44;-48;-52;-58;-64;-72; +72 kg
5	Boys U15, 2007-2008 m.	9.00-10.00	11.00	-44;-48;-52;-58; -64;- 72;-80;+80 kg;
6	U-17, Boys 2005-2006	9.00-10.00	11.00	-52;-58;-64;-72;-80;-90;+90 kg
7	Adult (men) 2004 and older	9.00-10.00	11.00	-64;-72;-80;-90;+90 kg
8	Masters 1987 and older	9.00-10.00	11.00	-80; +80 kg
9	For absolute winner of the belt (Men, Women)	13.00-13.30	14.00	Common

Note: if only one, two participant registers in a weight-category, they are moved one weight category up.
Only champions and prizewinners of weight categories can take part in the absolute title of the champion.

Discipline Gi

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1	Girls U13,2009 and younger	9.00-10.00 13.00-13.30	15.00	-26;-29;-33;-37;-41;-47;-53;-61; +61kg
2	Women 2008 and older	9.00-10.00 13.00-13.30	15.00	-47;-53;-61;-69;+69 kg
3	Boys U11, 2011 and younger	9.00-10.00 13.00-13.30	15.00	-25;-28;-32;- 36;- 40;-44;-48;-52;- 58; -64;+64 kg
4	Boys U13, 2009-20010 m.	9.00-10.00 13.00-13.30	15.00	-36;-40;-44;-48;-52;-58;-64;-72; +72 kg
5	Boys U15, 2007-2008 m.	9.00-10.00 13.00-13.30	15.00	-44;-48;-52;-58; -64;- 72;-80;+80 kg;
6	U-17, Boys 2005-2006	9.00-10.00 13.00-13.30	15.00	-52;-58;-64;-72;-80;-90;+90 kg
7	Adult (men) 2004 and older	9.00-10.00 13.00-13.30	15.00	-64;-72;-80;-90;+90 kg
8	Masters 1987 and older	9.00-10.00 13.00-13.30	15.00	-80; +80 kg
9	For absolute winner of the belt (Men, Women)	16.00-16.30	17.00	Common

Note: if only one, two participant registers in a weight-category, they are moved one weight category up.
Only champions and prizewinners of weight categories can take part in the absolute title of the champion.

IV. HOLDING THE COMPETITION

The judge panel approved by IGF holds the competition.

V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

VI. AWARDS

The winners and the prize winners will be awarded with medals. Absolute winners - belts

VII. CONDITIONS OF ACCEPTANCE

The fee for participant's license for: **20 Eur.** wishing to participate in both disciplines (GI and NoGi) - **30 Eur**

Registration fee is paid in the bank account of the International Grappling Federation:

International Grappling Federation

Bank: Luminor Bank AS

Bank account IBAN: LT464010051002235903

SWIFT: AGBLLT2X

The fee of entrant licence-registration card for the absolute championship belt for free

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

VII. REGISTRATION

The number of participants is unlimited.

Registration www.grapplingfederation.com until **27 May 2022 at 18.00 h**

All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.

Athletes who do not register in advance and without paying the participation fee (without a registration card) pay € 25 on one day of the competition (Gi or NoGi). For both disciplines (GI and NoGi) - 35 eur

Participants' licenses - registration cards of minors must be signed by their parents or guardians.

Information by e-mail: grapplingfederation@gmail.com , lietuvosgrapplingfederacija@gmail.com

Tel. No +370 685 02228 (Viber, WhatsApp), +370 64561005

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