



TVIRTINA
Lithuanian grappling federation
President Adrijus Kupstas



TVIRTINA
International grappling federation
President Gintare Bubnyte – Smirmoviene



TVIRTINA
S/C Fajteris
Director Arnoldas Lukosiusnas

BALTIC OPEN GRAPPLING CHAMPIONSHIP REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 5th June 2021 at 11:00 in **Zeimiu str. 17, Jonava**, Lithuania.

Sport Arena of Jonava city www.jonavosarena.lt

Arrival of participants, registration – weight – in 5th June between 9:00 and 10:00.

The athletes must provide a participant's licence – registration card (a valid personal identification document is necessary).

The competition begins at 11.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competition is personal, the number of participants is unlimited

Discipline NoGI

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1	Girls U13,2008 and younger	9.00-10.00	11.00	-29;-33;-37;-41;-47; +47 kg
2	Women 2007 and older	9.00-10.00	11.00	-47;-53;-61;-69; +69 kg
3	Boys U11, 2010 and younger	9.00-10.00	11.00	-25;-28;-32;-36;-40;-44;-48;+48 kg
4	Boys U13, 2008-2009 m.	9.00-10.00	11.00	-36;-40;-44;-48;-52;-58;+58 kg
5	Boys U15, 2006-2007 m.	9.00-10.00	11.00	-44;-48;-52;-58;-64;-72;+72 kg
6	U-17, Boys 2004-2005	9.00-10.00	11.00	-52;-58;-64;-72;-80; +80 kg
7	Adult (men) 2003 and older	9.00-10.00	11.00	-64;-72;-80;-90;+90 kg
8	Masters 1986 and older	9.00-10.00	11.00	-80; +80 kg
9	For absolute winner of the belt (Men, Women)	13.00-13.30	14.00	Common

Note: if only two participant registers in a weight-category, they are moved one weight category up.

Only champions and prizewinners of weight categories can take part in the absolute title of the champion.

Discipline Gi

Nr	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1	Girls U13,2008 and younger	9.00-10.00 13.00-13.30	15.00	-29;-33;-37;-41;-47;+47 kg
2	Women 2007 and older	9.00-10.00 13.00-13.30	15.00	-47;-53;-61;-69; +69 kg
3	Boys U11, 2010 and younger	9.00-10.00 13.00-13.30	15.00	25;-28;-32;-36;-40;-44;-48; +48 kg
4	Boys U13, 2008-2009 m.	9.00-10.00 13.00-13.30	15.00	-36;-40;-44;-48;-52;-58; +58 kg
5	Boys U15, 2006-2007 m.	9.00-10.00 13.00-13.30	15.00	-44;-48;-52;-58;-64;-72;+72 kg
6	U-17, Boys 2004-2005	9.00-10.00 13.00-13.30	15.00	-52;-58;-64;-72;-80;+80 kg
8	Adult (men) 2003 and older	9.00-10.00 13.00-13.30	15.00	-64;-72;-80;-90;+90 kg
9	Masters 1986 and older	9.00-10.00 13.00-13.30	15.00	-80; +80 kg
10	For absolute winner of the belt (Men, Women)	16.00-16.30	17.00	Common

Note: if only two participant registers in a weight-category, they are moved one weight category up.

Only champions and prizewinners of weight categories can take part in the absolute title of the champion.

IV. HOLDING THE COMPETITION

The judge panel approved by IGF holds the competition.

V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

VI. AWARDS

The winners and the prize winners will be awarded with medals. Absolute winners - belts

VII. CONDITIONS OF ACCEPTANCE

The fee for participant's licence for: Girls, U11; U13; U15 - **20 Eur.**

Athletes (girls, U11; U13; U15) wishing to participate in both disciplines (GI and NoGi) - **30 eur**

The fee for participant's licence for: Women, U17; adults and veterans - **30 Eur.**

Athletes (women, U17; U19; adults and veterans) wishing to participate in both disciplines (GI and NoGi) - **40 eur**

The fee of entrant licence-registration card for the absolute championship belt for free

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

VII. REGISTRATION

The number of participants is unlimited.

Registration www.grapplingfederation.com until **04 June 2021 at 18.00 h**

All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.

Athletes who do not register in advance (without a registration card) pay € 40 on one day of the competition (Gi or NoGi). For both disciplines (GI and NoGi) - 70 eur

Participants' licences - registration cards of minors must be signed by their parents or guardians.

Information by e-mail: lietuvosgrapplingfederacija@gmail.com tel. No +370 64561005

Note: Registration fee is paid upon arrival at the competition or in the bank account of the International Grappling Federation:

International Grappling Federation

Bank: Luminor Bank AS

Bank account IBAN: LT464010051002235903

SWIFT: AGBLLT2X

VIII. COMPETITION SPEC. CONDITIONS RELATING TO THE THREAT OF A COVID-19 PANDEMIC PURSUANT TO THE DECISION OF THE MINISTER OF HEALTH OF THE REPUBLIC OF LITHUANIA ON THE ORGANIZATION OF HIGH-SKILLS SPORTS COMPETITIONS AND EXERCISES MINIMUM CONDITIONS

1. competitions are held without spectators;

2. High Competence Athletes ("Athletes"), when not exercising, Anti-Doping Officers, competition organizers and service staff must wear a nose and mouth throughout the event protective protective equipment (face masks, respirators or other means) which fit close to the face and completely cover the nose and mouth (hereinafter - masks).

2.2. Masks are allowed not to be worn - for participants in competitions of high mastery of sports and physical activity professionals, highly skilled sports and physical activity instructors and judges.

3. Athletes participating in competitions, high mastery of sports and physical activity Specialists, highly trained sports and physical activity instructors, judges, anti-doping officers, organizers and service personnel (hereinafter referred to as "other persons") will have access to proper hand hygiene and / or disinfection by washing or disinfecting hands with warm running water and liquid soap. hand disinfectants) and information on the need to observe hygiene (hand hygiene, coughing, sneezing label, etc.);

4. Athletes and other persons with acute upper extremities will not be admitted to the competition venue signs of respiratory diseases (fever, cough, difficulty breathing, etc.);

5. Athletes, other persons who show signs of upper respiratory diseases (fever, cough, difficulty breathing, etc.) will have to leave the competition and exercise site immediately and will be advised to consult the Coronavir Hotline tel. 1808 or contact your family doctor for a consultation;

6. Athletes, other persons with acute signs of upper respiratory diseases (eg fever, cough, difficulty breathing, etc.) may not enter the competition venue;

7. upon receipt of information that an athlete, another person, has been diagnosed with COVID-19 infection), the National Center for Public Health under the Ministry of Health (hereinafter referred to as the NVSC) will be informed and cooperation with the NVSC will be established in identifying the exposed persons;

8. used sports equipment and equipment will be cleaned and disinfected;

9. Cleaning and disinfection of the competition site will be carried out in accordance with the Recommendations for Disinfection in Healthcare Facilities and Non-Healthcare Facilities (when contamination with SARS-COV-2 virus is possible) (<https://bit.ly/3mWbxzf>);

10. Athletes (when not exercising) and other persons must be in groups of no more than 2 persons and maintain a distance of at least 2 meters between persons or groups of persons.

Recommended:

For highly skilled sports and physical activity specialists participating in the competition, high mastery sports and physical activity instructors and judges to wear masks during all competitions.