



CONFIRM:
International grappling federation
President Gintare Bubnyte – Smirnoviene

CONFIRM:
Lithuanian grappling federation
President Adrijus Kupstas

EUROPEAN OPEN GRAPPLING GI/NOGI CHAMPIONSHIP REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes' skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 28 September 2019 at 11:00 in Vilniaus str. 297, Siauliai, Lithuania.

Arrival of participants, registration – weight – in 28 September between 9:00 and 10:00.

The athletes must provide a participant's licence – registration card (a valid personal identification document is necessary).

The competition begins at 11.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competition is personal, the number of participants is unlimited

September 28 d. Discipline NoGi

| Nr | Participants | Weigh-in and registration on the competition day | Beginning of the competition | Weight divisions |
|----|---|--|------------------------------|---|
| 1 | Girls U13, 2006 and younger | 9.00-10.00 | 11.00 | -29; -35; -41;-49;+49 kg |
| 2 | Women 2005 and older | 9.00-10.00 | 11.00 | -49;-53;-57;-61;-65;-69;-74;+74 kg |
| 3 | Boys U11, 2008 and younger | 9.00-10.00 | 11.00 | -24; -27; -30; -33; -36; -39; -42; -45; -48; +48 kg |
| 4 | Boys U13, 2006-2007 m. | 9.00-10.00 | 11.00 | -30;-33;- 36;-39;- 42;-45;-48;-52; +52 kg |
| 5 | Boys U15, 2004-2005 m. | 9.00-10.00 | 11.00 | -42;-45;-48;-52;-56;-60; -64;-68;- 72;+72 kg; |
| 6 | Boys U17, 2002-2003 | 9.00-10.00 | 11.00 | -52;-56;-60;-64;-68; -72; -76;-80;-84; +84 kg; |
| 7 | Men U19, 2000-2001 | 9.00-10.00 | 11.00 | -60;-64;-68;-72; -76;-80; -84;-90;+90 kg; |
| 8 | Adult (men) 1999 and older | 9.00-10.00 | 11.00 | -64;-68;-72;-76;-80; -84; -90; -100;+100 kg; |
| 9 | Veterans 1984 and older | 9.00-10.00 | 11.00 | -72;-76; -80;-84;-90;-100; +100 kg; |
| 10 | For absolute winner of the belt Men, Women | 13.00-13.30 | 14.00 | Common |

Note: if only one participant registers in a weight-category, he / she is moved one weight category up. Only champions and prizewinners of weight categories can take part in the absolute title of the champion.

September 28 d. Discipline Gi

| Nr | Participants | Weigh-in and registration on the competition day | Beginning of the competition | Weight divisions |
|----|--------------------------------|--|------------------------------|---------------------------|
| 1 | Girls U13, 2006 and younger | 9.00-10.00 13.00-14.00 | 15.00 | -29; -35; -41;-49; +49 kg |

| | | | | |
|----|---|---------------------------|-------|--|
| 2 | Women 2005 and older | 9.00-10.00 13.00-14.00 | 15.00 | -49;-53;-57;-61;-65;-69;-74; +74 kg |
| 3 | Boys U11, 2008 and younger | 9.00-10.00 13.00-14.00 | 15.00 | -24; -27; -30; -33; -36; -39; -42; -45; -48; +48 kg |
| 4 | Boys U13, 2006-2007 m. | 9.00-10.00 13.00-14.00 | 15.00 | -30;-33;- 36;-39;- 42;-45;-48; -52; +52 kg |
| 5 | Boys U15, 2004-2005 m. | 9.00-10.00 13.00-14.00 | 15.00 | -42;-45;-48;-52;-56;-60; -64;-68;- 72;+72 kg; |
| 6 | U-17, Boys 2002-2003 | 9.00-10.00 13.00-14.00 | 15.00 | -52;-56;-60;-64;-68; -72; -76;-80;-84; +84 kg; |
| 7 | U-19, Men 2000-2001 | 9.00-10.00 13.00-14.00 | 15.00 | -60;-64;-68;-72; -76;-80; -84;-90;+90 kg; |
| 8 | Adult (men) 1999 and older | 9.00-10.00 13.00-14.00 | 15.00 | -64;-68;-72;-76;-80; -84; -90; -100;+100 kg; |
| 9 | Veterans 1984 and older | 9.00-10.00 13.00-14.00 | 15.00 | -72;-76; -80;-84;-90;-100; +100 kg; |
| 10 | For absolute winner of the belt Men, Women | 16.00-16.30 | 17.00 | Common |

Note: if only one participant registers in a weight-category, he / she is moved one weight category up. Only champions and prizewinners of weight categories can take part in the absolute title of the champion.

IV. HOLDING THE COMPETITION

The judge panel approved by IGF holds the competition.

V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

VI. AWARDS

The winners will be awarded with cups and medals, the prize winners - medals . Absolute winners - belts

VII. CONDITIONS OF ACCEPTANCE

The fee for participant's licence for: Girls, U11; U13; U15 - 20 Eur.

The fee for participant's licence for: Women, U17; U19; adults and veterans - 30 Eur.

The fee of entrant licence-registration card for the absolute championship belt for free

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

VII. REGISTRATION

The number of participants is unlimited. Registration www.grapplingfederation.com until 27 september 2019 at 20.00 h

All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.

Athletes who will not have registered or will not have a registration card on the day of the competition will be required to pay 40 euros.

Participants' licences - registration cards of minors must be signed by their parents or guardians.

Information by e-mail: grapplingfederation@gmail.com , tel. No +370 64561005

Note: Registration fee is paid upon arrival at the competition or in the bank account of the Lithuanian Grappling Federation:

Lithuanian Grappling federation

Bank: Luminor Bank AS

Bank account IBAN: LT264010051001970289

SWIFT: AGBLLT2X