

## OPEN GRAPPLING CHAMPIONSHIP OF THE BALTIC COUNTRIES

### REGULATIONS

#### I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes' skills.

#### II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 21 May 2016 at 12:00 in Vydūno str. 15, Jurbarkas, Lithuania.  
In the Sports Hall of Antanas Giedraitis-Giedrius Gymnasium.

**21 May. Arrival of participants, registration - weight-in between 10:00 and 11:00.**

The athletes must provide a participant's licence - registration card (a valid personal identification document is necessary).

**The competition begins at 12.00.**

#### III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

**Competition is personal, the number of participants is unlimited**

Group	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1.	Females	10.00-11.00	12.00	-49; -53; -57; -61; -65; -69; -74; +74 kg
2	Females For absolute winner of the belt	10.00-11.00	17.00	Common
3	U-17, Boys born in 1999 and younger.	10.00-11.00	12.00	-52; -56; -60; -64; -68; -72; -76; -80; -84; +84 kg;
4	U-17, Boys born in 1999 and younger. For absolute winner of the belt	10.00-11.00	12.00	Common
5	U-19, Boys 1997-1998	10.00-11.00	12.00	-60; -64; -68; -72; -76; -80; -84; -90; +90 kg;
6	U-19, Boys 1997-1998 For absolute winner of the belt	10.00-11.00	17.00	Common
7	Adult beginners (men) born in 1996 and older.	10.00-11.00	15.00	-68; -72; -76; -80; -84; +84 kg;
8	Senior (men) born in 1996 and older.	10.00-11.00	15.00	-64; -68; -72; -76; -80; -84; -90; -100; +100 kg;
9	Senior (men) born in 1996 and older. For absolute winner of the belt	10.00-11.00	17.00	Common
10	Veterans born in 1981 and older	10.00-11.00	15.00	-72; -76; -80; -84; -90; +90 kg;
11	Veterans born in 1981 and older For absolute winner of the belt	10.00-11.00	17.00	Common

Note: if only one participant registers in a weight-category, he / she is moved one weight category up.  
Beginners are athletes who have been doing wrestling sport for up to 2 years.

#### IV. HOLDING THE COMPETITION

The judge panel approved by IGF holds the competition.

#### V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

#### VI. AWARDS

The winners will be awarded with cups, medals and the prize winners will be awarded with diplomas.  
Absolute winners will be awarded with belts.

#### VII. ENTRANCE REQUIREMENTS

**The fee for participant's licence - registration card is 20 EUR.**

**The fee of entrant licence-registration card for the absolute championship belt is 20 Euros.**

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

**Competition hotel is Jurbarkas** [www.hoteljurbarkas.lt](http://www.hoteljurbarkas.lt), Dariaus and Girėno St 98, LT-74178 Jurbarkas, Lithuania.  
Tel./Fax: +370 44 751646, mob. tel.: +370 67 638025, [info@hoteljurbarkas.lt](mailto:info@hoteljurbarkas.lt), Tadas Račiūnas.

## VII. REGISTRATION

The number of participants is unlimited. Registration [www.grapplingfederation.com](http://www.grapplingfederation.com) until 18 May 2016.

All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.

**Athletes who will not have registered or will not have a registration card on the day of the competition will be required to pay 30 euros.**

**Participants' licences - registration cards of minors must be signed by their parents or guardians.**

Information by e-mail: [k.smirnovas@gmail.com](mailto:k.smirnovas@gmail.com) , tel. No +370 60019500

(Kęstutis Smirnovas)



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